

## **Dukk Consulting sign up for 2008....Perth Crit Update**

I am very pleased to have received great support from Dukk Consulting to assist in my travels and racing for 2008. A life coaching service operating only by direct referral, Dukk Consulting have pledged both financial and professional support for the year ahead.

My schedule of major races for the early season has now firmed as:

- March 28<sup>th</sup> ITU Asian Duathlon Championships (Thailand)
- April 4<sup>th</sup> FFTRI French GP Chateau Renault
- April 19<sup>th</sup> Powerman European Championships (Netherlands)
- May 4<sup>th</sup> FFTRI French GP Chatteaux

Honest appraisal of my past results is that I have medaled at a regional or national level quite consistently but failed to win and at the top international level failed to break into the top 3. I will therefore aim to win the Asian title and Medal in Powerman European Championships. These performances would reflect significant forward progress and that is what I expect from season ahead.

In other news, I have been enjoying competing in the support race of the Perth Criterium Series over this weekend. It has proved an exciting and enjoyable bridge between the base kilometers of the pre season and the next phase of specific interval and time trial work I will be doing in the lead up to the big races ahead. My Cyclemania team mates had great success in the elite races of the series and the final race was really sensational world class bike riding.

Regards  
Radar