

Ryders Eyewear and Carboshotz back for 2008

I am really pleased to be again working with two great West Australian companies in 2008. Almost all West Aussies use these products and both are pushing into national and international markets from a local base.

I had the opportunity to race the Anaconda Adventure Race with Team Carboshotz and it was a great chance to meet some of the people from a diverse range of sports that they support. At that stage, Darryl and Steph mentioned the new isotonic electrolyte drink tablets and energy cookie they were formulating for 2008. Last weekend I had the opportunity to use the tablets for the first time at the Perth Crit Series and must say I was very impressed- easy, convenient and no gastric upset which means better hydration and faster racing. Not to mention easy to travel with and light as a feather!

Ryders Eyewear will be providing my race and casual glasses for the 8th year in a row! They will also be supplying some awesome gear at discounted rates for athletes at Front Runner Coaching. Their products continue to be of the highest quality and at the right price. Try them if you haven't already.

It was great to watch the Aussie Tri Champs today and see some of the athletes from our group racing really strongly. If you are a runner or triathlete wanting to run faster get down to Yokine Reserve Thursday nights at 5.30pm.

Running Regards
Radar

